

*SmartHandle™*

# SMART QUICK FLIP HANDLES™ & FITNESS CABLES

Quickly interchange the cable from one resistance level to another with a few simple flips and clicks.

- The patented Smart locking technology “click” tells you the cable is locked and secure

## EASY CABLE INSERTION / REMOVAL

1. Simply lift the two sides of the flip-lock cable cups.
2. Insert the cable plug through the hole (from the bottom).
3. Then push down on the cable cups until they “click” into their secured position under the cable plug.



## SMART QUICK FLIP SINGLE POCKET HANDLES

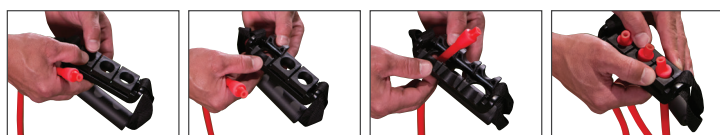
- Interchangeable patented design; use with 10lb to 100lb cables (different resistances for different exercises)
- Soft Grip, microbial resistance handles for added comfort and easy cleaning



SKU 400-160-005

## SMART QUICK FLIP TRIPLE POCKET HANDLES

- Interchangeable patented design; use with 10lb to 300lb cables (different resistances for different exercises)
- Soft Grip, microbial resistance handles for added comfort and easy cleaning



SKU 400-160-006

CONTACT US TODAY | [www.prismfitnessgroup.com](http://www.prismfitnessgroup.com) | 608.845.8300 | [sales@prismfitnessgroup.com](mailto:sales@prismfitnessgroup.com)



## SMART FITNESS CABLES

Users can create their own resistance systems (paired up with our Quick Flip™ Handles) to strengthen and tone from head to toe.

- Cables are multi-layered so they feel better and last longer than common extruded bands
- Use different cables for different exercises and ranges of motion or move up to the next resistance level as strength increases



	60" SKU	30" SKU
10lb Fitness Cable - Teal	400-230-001	400-240-010
20lb Fitness Cable - Purple	400-230-002	400-240-011
30lb Fitness Cable - Pink	400-230-003	400-240-012
40lb Fitness Cable - Magenta	400-230-004	400-240-013
50lb Fitness Cable - Orange	400-230-005	400-240-014
60lb Fitness Cable - Red	400-230-006	400-240-015
70lb Fitness Cable - Yellow	400-230-007	400-240-016
80lb Fitness Cable - Green	400-230-008	400-240-017
90lb Fitness Cable - Blue	400-230-009	400-240-018
100lb Fitness Cable - Black	400-230-010	400-240-019

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